

2016 OCTOBER AND NOVEMBER EDITION

JR. BOARD

UNITING YOUNG SKATERS ONE FUN EVENT AT A TIME



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Upcoming Events

BY KENDALL GARRETT

- Nov. 6: Anaheim Synchronized Fall Classic
- Dec. 10: San Diego Ice Arena Christmas Show: "A Christmas Odyssey On Ice"

Please join the Junior Board on social media!



@sdfscjuniorboard



SDFSC Jr. Board group

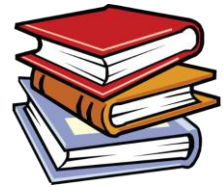
And on our website <http://www.sdfscjuniorboard.org/>

Birthdays of the Months

Oct. 4: Hannah L.	Oct. 16: Isabelle E.	Nov. 3: Vivian Y.	Nov. 15: Natalee G.	Nov. 22: Heather Y.
Oct. 11: Connie S.	Oct. 22: Jonathan S.	Nov. 5: Danica B.	Nov. 15: Kailyn M.	Nov. 23: Seoyoung C.
Oct. 12: Hannah B.	Oct. 23: Gizelle G.	Nov. 6: Camden R.	Nov. 16: Oliver A.	Nov. 25: Bianca M.
Oct. 13: Suzy M.	Oct. 30: Molly P.	Nov. 13: Kelsey B.	Nov. 16: Katherine D.	Nov. 26: Yui N.
Oct. 15: Angelina C.	Nov. 2: Ellice W.	Nov. 14: Grace H.	Nov. 18: Roberta C.	Nov. 29: Claire S.
Oct. 15: Alyssa G.	Nov. 3: Anna F.	Nov. 15: Alexis C.	Nov. 22: Mackenzie M.	

Tips For Balancing School and Skating

BY KENDALL GARRETT



1. Talk to your teachers ahead of time when going out of town for competition
2. Write out a planned schedule- you can use a planner, sticky notes, or your phone calendar
3. Try to get homework early if you have an early morning practice the next day
4. Eat a snack with protein for long lasting energy to power through studying
5. Invite teachers to skating performances! They love to see all your hard work outside of the classroom!



Disney On Ice

BY KENDALL GARRETT

Some magic made its way to San Diego!

Recently, the cast of Disney On Ice performed their Passport to Adventure show at the Valley View Center. Skaters and their families enjoyed the show and also raised money for the club! It was a fun filled night of magic, singing, and of course, skating!

Disney On Ice's World of Enchantment show will be coming to San Diego in the coming January.



Synchronized Skating in the Halloween Spooktacular

BY JULIE NELSON

On Saturday, October 1st, most of SDIA's synchronized skating teams took part of Ice Plex's annual Halloween Spooktacular. All teams that competed were unopposed but still skated their best. Shining Blades Pre-Juvenile and Open-Juvenile teams both had great skates. Open-Juvenile's costumes looked great out there! Team Del Sol Intermediate and Senior were looking fabulous. Intermediate's dresses were just darling. We wish good luck to Senior Del Sol as they are getting monitored for a chance to become Team USA this year. Good luck to everyone in their upcoming competitions!!!

Jr. Board Picnic



BY MADELEINE TRAN

On Saturday October 8th, Jr. Board hosted their picnic at La Jolla Shores for skaters, coaches, and their families. It was a great way to meet other club members. It was loads of fun with tons of food and games. We had a water balloon toss, limbo (which is very competitive with flexible skaters) and prizes too! Stay tuned for more Jr. Board events! You don't want to miss out!!



Hot Caramel Pears Recipe

Meryl Davis

BY TIFFANY VISE BALDWIN

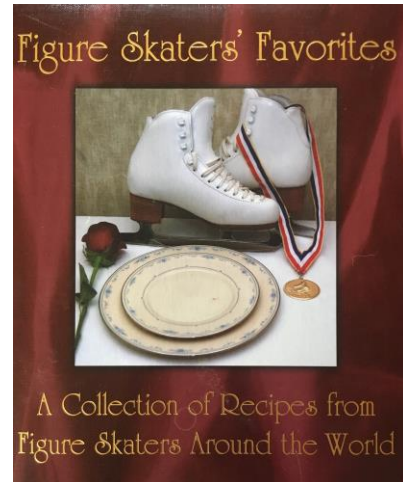
Ingredients:

- 1 can pear halves (1 lb. 13 oz.)
- 3 T. cornstarch
- 1 c. light brown sugar
- Dash cinnamon
- ¼ c. butter
- 1 qt. vanilla ice cream

Directions:

Drain pears, reserving syrup. Combine cornstarch, brown sugar and cinnamon in saucepan. Mix well. Stir in syrup. Cook, stirring constantly until mixture boils. Reduce heat and cook for an additional 5 minutes. Add butter and pears. Heat to serving temperature. For each serving, place pear half in dish with large scoop of ice cream. Spoon sauce over all. Add more cinnamon if desired.

Note: This is a holiday tradition. We usually double or triple the recipe. You can save and reheat it.



Skaters of the Month

LUANA STEIN



Age: 7 years old

Birthday: April 9th

Level: Pre-Preliminary

How long have you been skating for? 1 year and 8 months

Coaches: Tiffany Vise Baldwin and Jon Nichols

Favorite Skaters: Ashley Wagner, Evgenia Medvedeva, and Hanyu Yuzuru

Favorite Element: Single Axel

Element you are working on: Double Salchow

Goal: Go to the Olympics

Hobbies: Swimming in the ocean, surfing, and playing with my kitty

ASHLEY STARK AND AIDEN ELSWICK

Age: Ashley is 11 years old and Aiden is 13 years old.

Birthday: Ashley's birthday is December 21st and Aiden's is September 22nd.

Level: For pairs, they are Pre-Juvenile and Ashley is Preliminary for singles.

Coaches: Their coach for pairs is Tiffany Vise Baldwin. Jaelyn Maxwell is Ashley's singles coach while Will Chitwood is Aiden's.

How long have you been skating together? 7 years together, since Ashley was 4 and Aiden 6.

Favorite Skaters: Ashley's favorite skaters are Ashley Wagner, Polina Edmunds and Adam Rippon. Aiden doesn't have a favorite and admires all professional Olympic skaters.

Favorite Element: Ashley's favorite elements are single axel, double loop and double toe. Aiden's favorite elements are spins.

Elements you are working on: Ashley is working on double flip. Aiden is working on sbs axels, sbs camels, and loop lift.

Goal: Ashley's goal is to go to Worlds in Pairs and Aiden's is to have fun.

What do you like about your skating partner? Ashley likes how he's funny and rarely drops me. Aiden likes how she is happy and not scared to try new elements.

