

2 0 1 5 O C T O B E R E D I T I O N

# JR. BOARD

UNITING YOUNG SKATERS ONE FUN EVENT AT A TIME



## The Content

- *Upcoming Events*
- *Birthdays of the Month*
- *Recipe*
- *Halloween Jokes*
- *Skater of the Month*
- *Coach of the Month*

## Upcoming Events

### SDFSC EXHIBITION

By Kendall Garrett

Join us in the evening on Saturday, September 27<sup>th</sup> from 6:05pm-8:05pm at SDIA to cheer on our regional competitors as they perform their programs and receive their club jackets.

### JR. BOARD BONFIRE

By Madeleine Tran

Come join your fellow San Diego Figure Skating Club members at La Jolla Shores for a bonfire on Saturday, October 17<sup>th</sup> from 6:00pm-9:00pm. S'mores will be provided, but please bring beach chairs, blankets, and snacks!

La Jolla Shores, San Diego, CA 92037

Please join SDFSC Jr. Board on Facebook!

Interested in joining  
Jr. Board?

Contact Madeleine Tran for  
more information.  
[maddytran@gmail.com](mailto:maddytran@gmail.com)

### Birthdays of the Month

Oct. 2: Juliana B.	Oct. 15: Lauren C.	Oct. 27: Esther K.
Oct. 11: Connie S.	Oct. 15: Sholehani H.	Oct. 30: Megan T.
Oct. 12: Hannah B.	Oct. 15: Angelina C.	Oct. 30: Irina W.
Oct. 14: Cecelia W.	Oct. 15: Alyssa G.	Oct. 31: Gianna H.
Oct. 14: Alanna F.	Oct. 22: Marcelina R.	

# Chocolate Covered Broomsticks

By Kate Liang

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**Makes:** 20 cookies

## Ingredients:

- 1/2 cup packed brown sugar
- 1/2 cup butter, softened
- 2 tablespoons cream or milk
- 2 teaspoons vanilla
- 1 1/2 cups all-purpose flour
- 1/4 teaspoon salt
- 20 pretzel rods, about 5 inches long
- 2 teaspoons butter
- 2/3 cup semisweet chocolate chips
- 1/3 cups white chocolate chips, melted

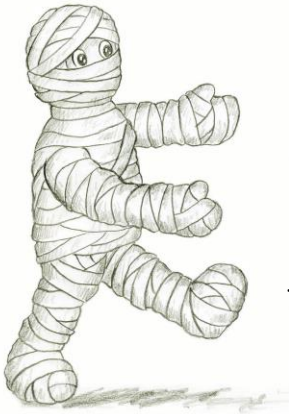


## Directions:

1. Heat oven to 350°F. Mix brown sugar, butter, cream and vanilla in medium bowl. Stir in flour and salt. Shape dough into twenty 1 1/4-inch balls.
2. Place pretzel rod on ungreased cookie sheet. Press ball of dough onto the end of each pretzel rod. Press dough with fork to resemble "bristles" of broom.
3. Bake about 12 minutes or until set but not brown. Remove from cookie sheet. Cool completely on wire rack, about 30 minutes.
4. Cover cookie sheet with waxed paper. Place brooms on waxed paper. Heat butter and chocolate chips over low heat, stirring occasionally, until melted and smooth; remove from heat.
5. Spoon melted chocolate over brooms, leaving about 1 inch at top of pretzel handle and bottom halves of cookie bristles uncovered. Drizzle with melted white chocolate chips. Let stand until chocolate is set.

# Halloween Jokes

By Kate Liang



What is a mummy's favorite type of music?

Rap Music



What do witches put on their hair?

Scare Spray



Why didn't Dracula have any friends?  
He was a pain in the neck!

What kind of boots does a ghost wear?

Booooooooots!



Who won the skeleton beauty contest?

No body

# Skater of the Month

## POLINA GUSEVA



**Age:** 15 years old

**Birthday:** December 20<sup>th</sup>

**Grade:** 10<sup>th</sup> grade

**Level:** Novice

**Coaches:** Natasha Bobrina

**Favorite Skaters:** Mao Asada

**Favorite Elements:** triple salchow, layover, & footwork

**Memorable moments:** Winning South West Pacific Regionals in 2009

**Goal:** Nationals 2017

**Quote:** "Fall seven times, stand up eight" - Japanese proverb



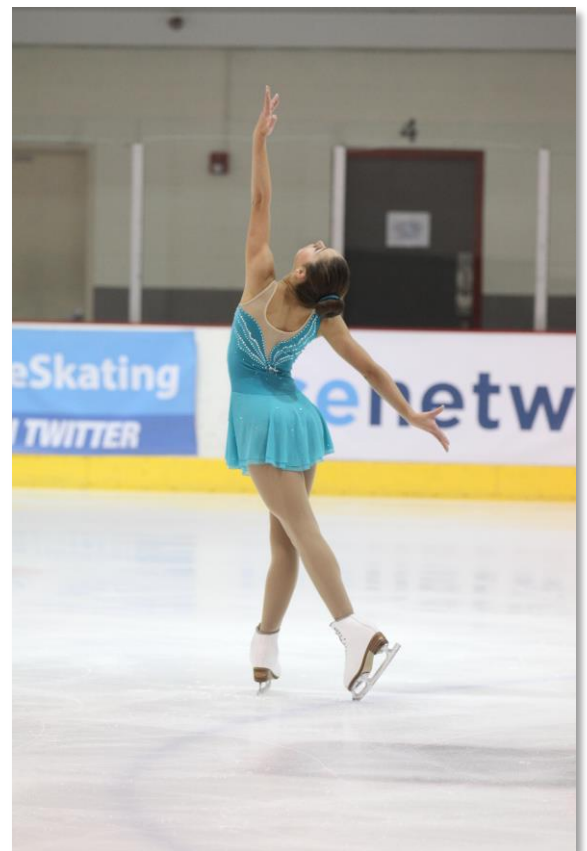
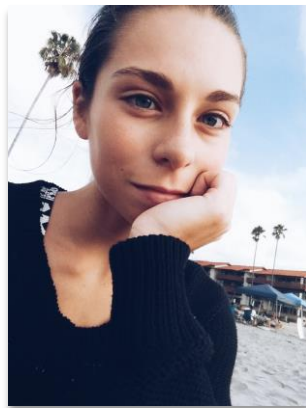
**Fun Fact:** I am Russian. My favorite foods are peanut butter and berry pie

**Hobbies:** cooking, swimming, & running

**Favorite movie:** Inception

**Favorite Actors:** Benedict Cumberbatch, Robert Downey Jr, and Leonardo di Caprio

**Favorite Artists:** Sia and Calvin Harris



# Coach of the Month

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## GEOFFRY VARNER

**Has coached for:** 5 years

**Favorite skaters:** For mens: Patrick Chan and Daisuke Takahashi...not only are they great skaters but they are very nice people. For ladies: Yuna Kim.

**Favorite jumps/ spins/ moves:** Anything with a toe pick, Ugggh...I hate spins, A well choreographed step sequence with tight turns and passion

**Fun Fact about yourself:** I qualified for Nationals in every discipline of skating.



**Memorable moments:** When I turned in my music at my first international competition, the registration people stopped and asked me to write the country that I was represented on my program CDs. That was when it hit me that I was representing more than just myself at a competition.

**Hobbies:** Bowling, Flag Football (X Flag Football Summer League Champions!!), Fantasy Football

**Other favorites:** Chargers, USC, Padres, San Jose Sharks, Anything by Hozier, Step Brothers (movie), Game of Thrones

**Other interesting facts about yourself:** I rescued the most amazing dog, Murphy, off the streets of L.A. and he chewed up John Coughlin's carpet.

**Quote:** I coach by the quote, "Hard work beats talent when talent doesn't work hard".